

Drug Loading of Nanodiamonds for Highly Efficient Drug Delivery and Disease Treatment

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Overview

Motivations

- 1/5 of patient deaths caused by breast cancer are attributed to triple-negative breast cancer, which has few treatment options.
- Administering proper drug dosages is difficult over sustained periods of time.
- A sudden influx of drugs exposes healthy cells in addition to targeted cells.

Methods

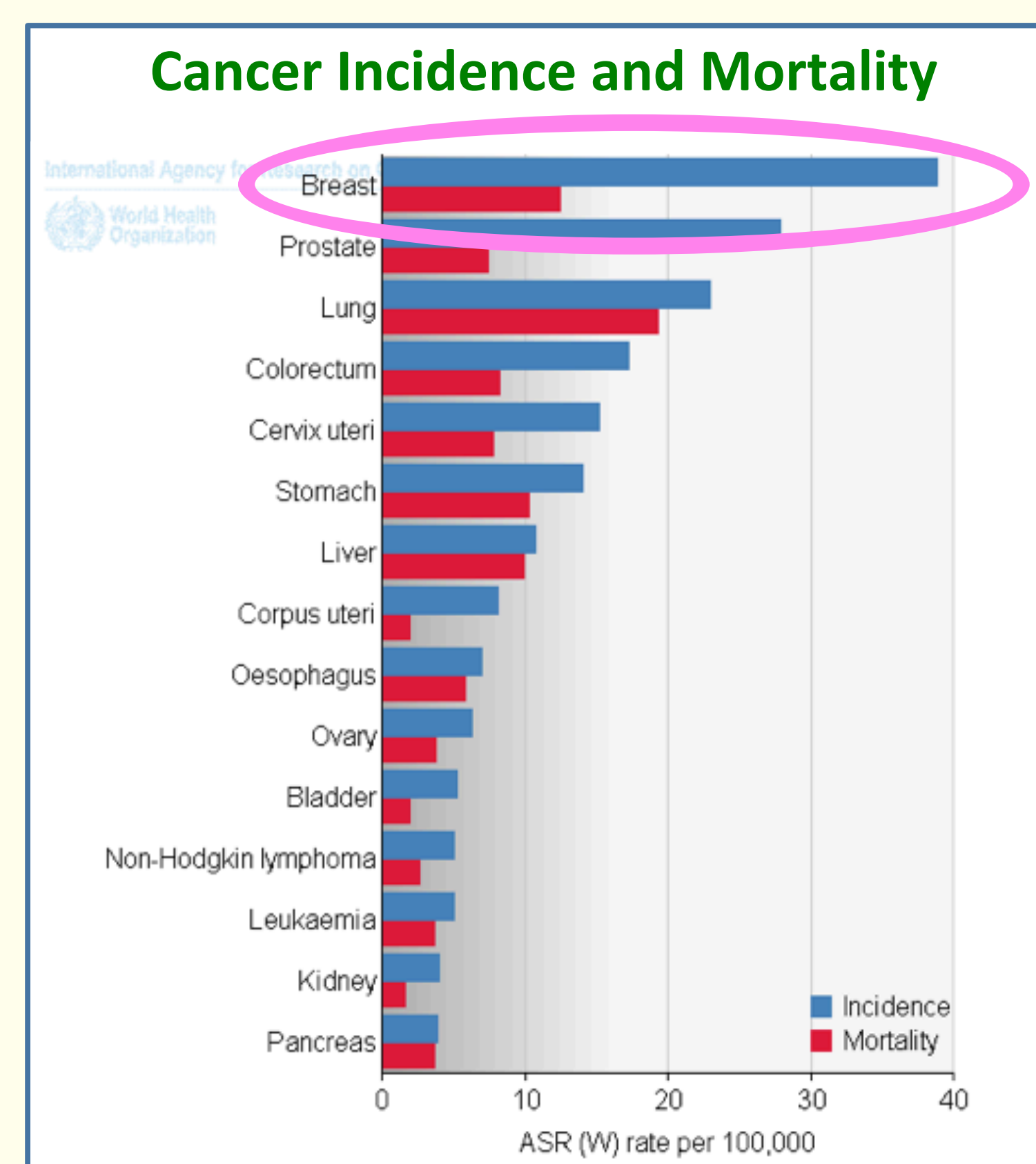
- Select drugs to reduce tumor growth and subsequent cancer proliferation.
- Nanodiamonds offer a revolutionary approach through prolonged drug release.

Results

- With nanodiamonds, drugs are slow-released to eliminate cancerous cells while minimizing impact on healthy cells.

Introduction

Breast Cancer Statistics



Source: GLOBOCAN project by International Agency for Research on Cancer, 2008.

Over 1 million patients diagnosed annually.

Over 450,000 deaths in year 2008.

Globally, in women

- most frequently diagnosed cancer
- most common invasive cancer
- second-most common cause of cancer deaths

Challenges

Most Types of Breast Cancer

- overexpress three key receptors:
 - estrogen receptor
 - progesterone receptor
 - Her2/neu receptor

Triple-Negative Breast Cancer (TNBC) Cells

- do not overexpress these three receptors
- do not respond to traditional receptor-targeted therapies

Methods

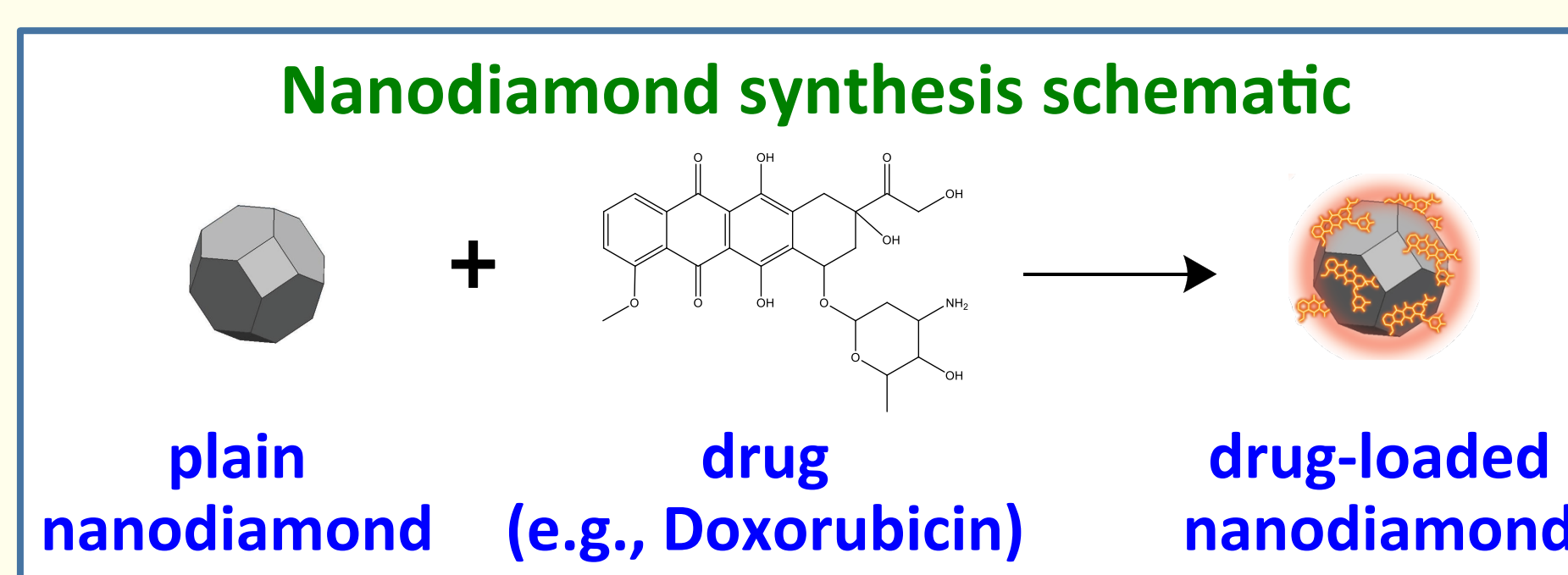
Drug Treatment

Targeted Inhibition by Drugs

- doxorubicin – prevents DNA replication via intercalation and biosynthesis inhibition
- mitoxantrone – disrupts DNA synthesis and DNA repair via intercalation

Drug Delivery Methods

- unmodified drug treatment – drugs applied directly to cell cultures *in vitro*
- drug-loaded nanodiamonds – drugs or drug combinations loaded onto nanodiamonds for later release once within cells



Drug-Loaded Nanodiamonds

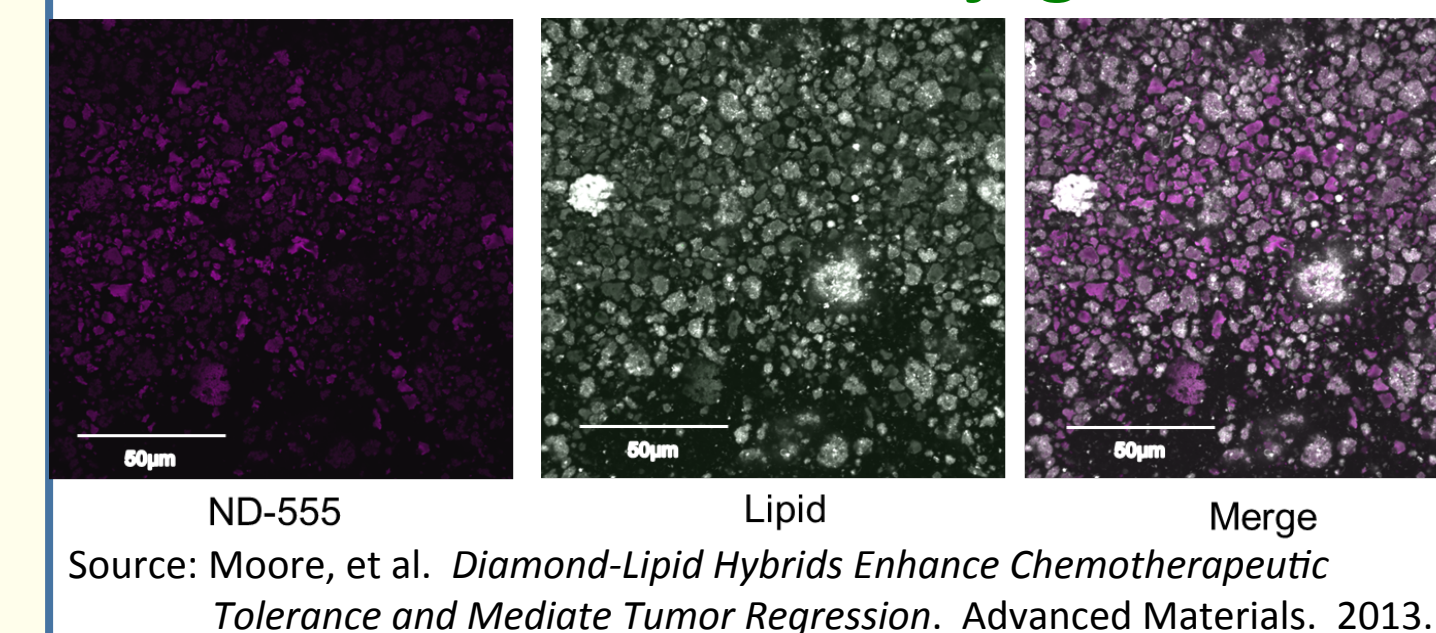
Characteristics

- individual nanodiamonds – truncated octahedrons, 2-6 nm in diameter
- aggregated clusters of nanodiamonds – 50-100 nm in diameter

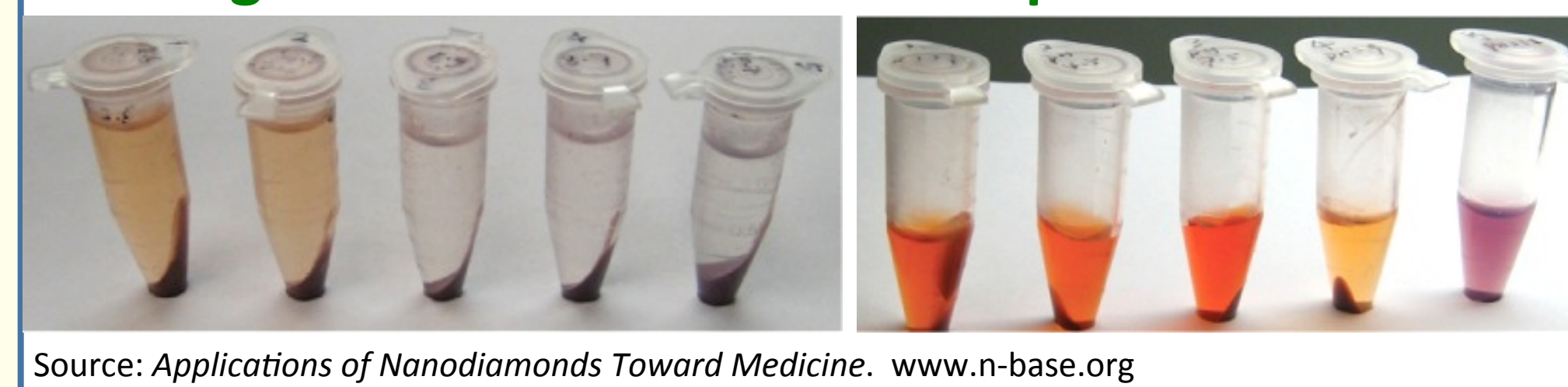
Advantages

- penetrate targeted cell membranes with load for slow-release
- can be functionalized to carry drugs, DNA, and other molecules
- can be coupled with fluorophores

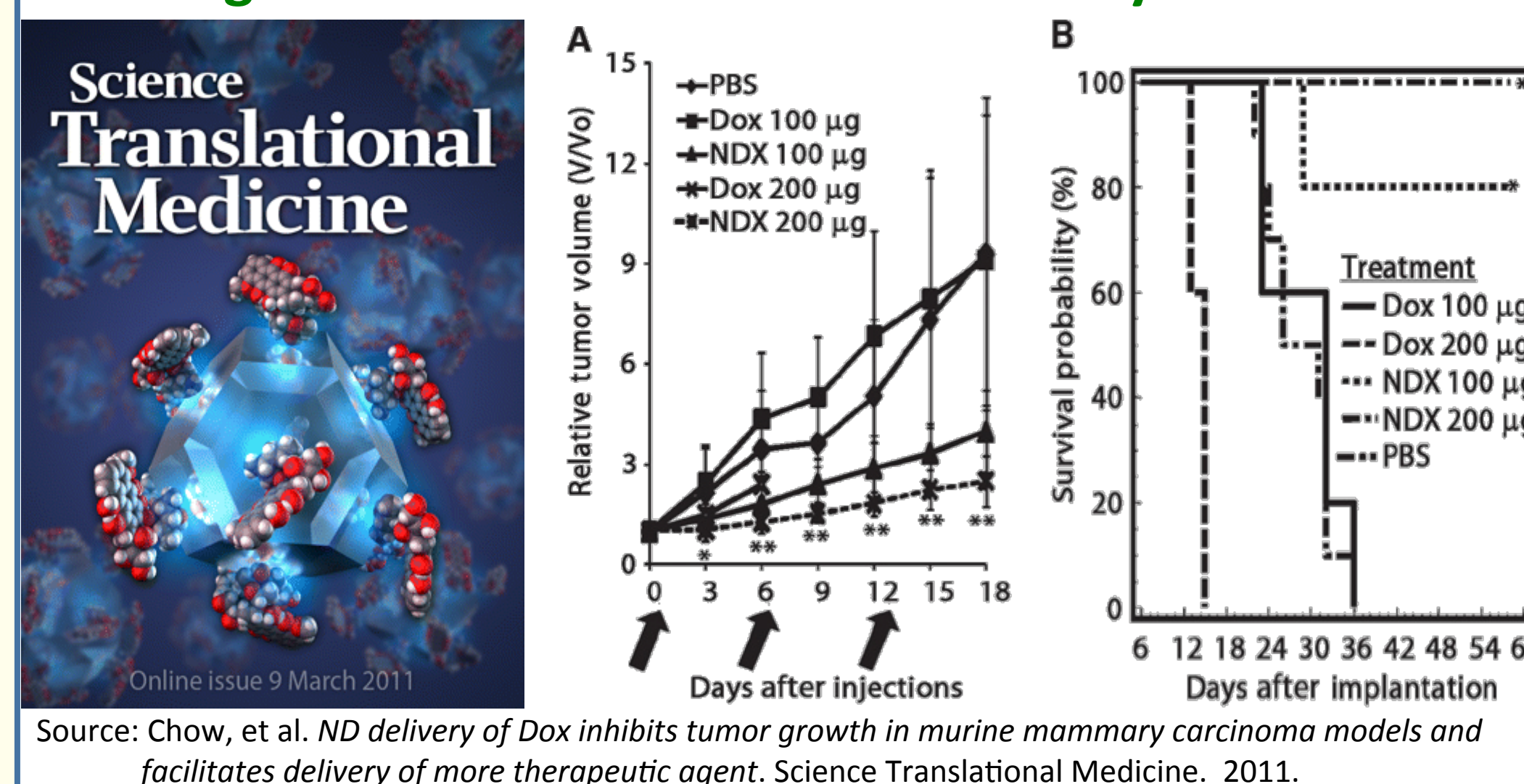
Liposomes encapsulate nanodiamond conjugates



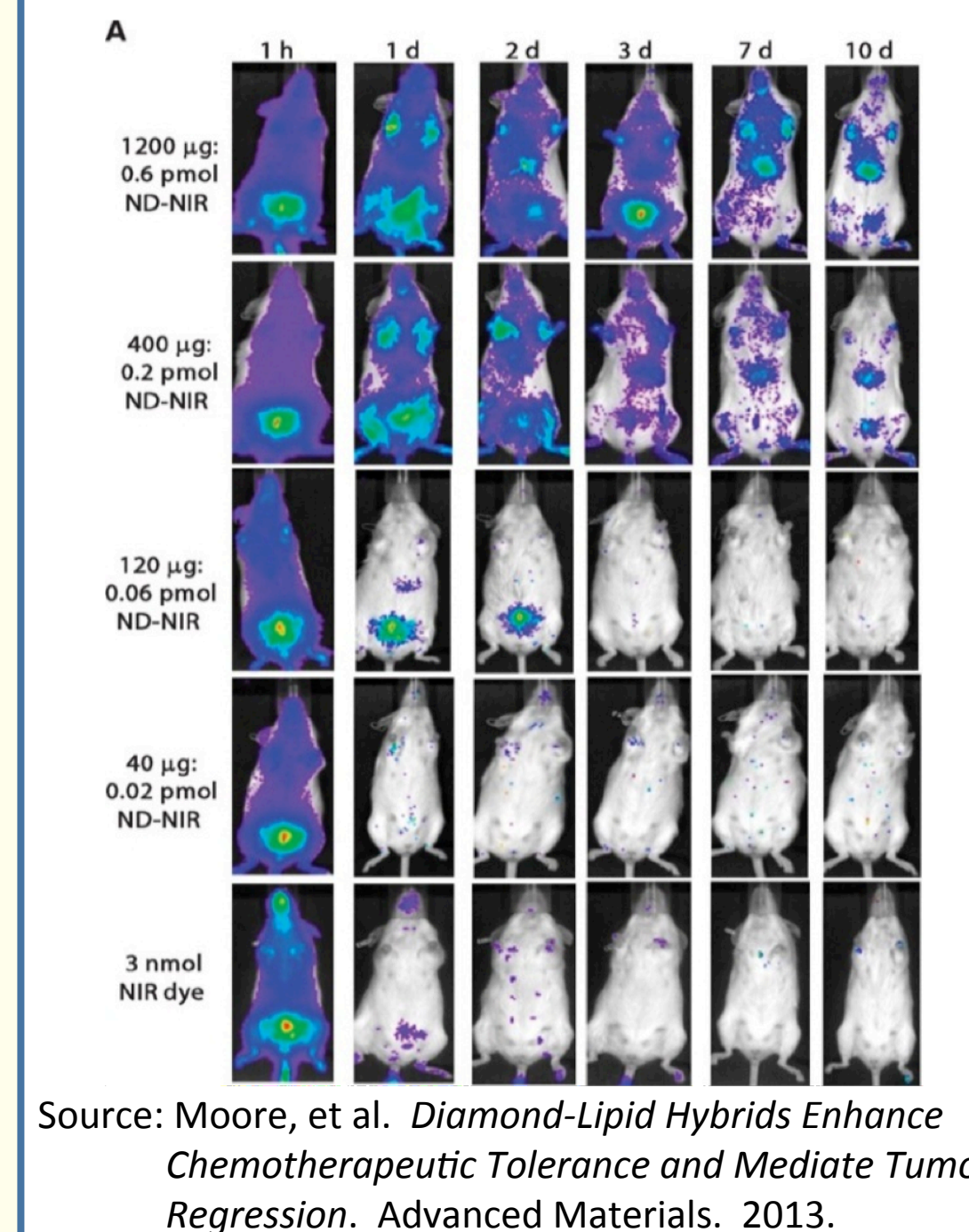
Drug-loaded nanodiamonds suspended in water



Tumor growth after nanodiamond delivery of Doxorubicin

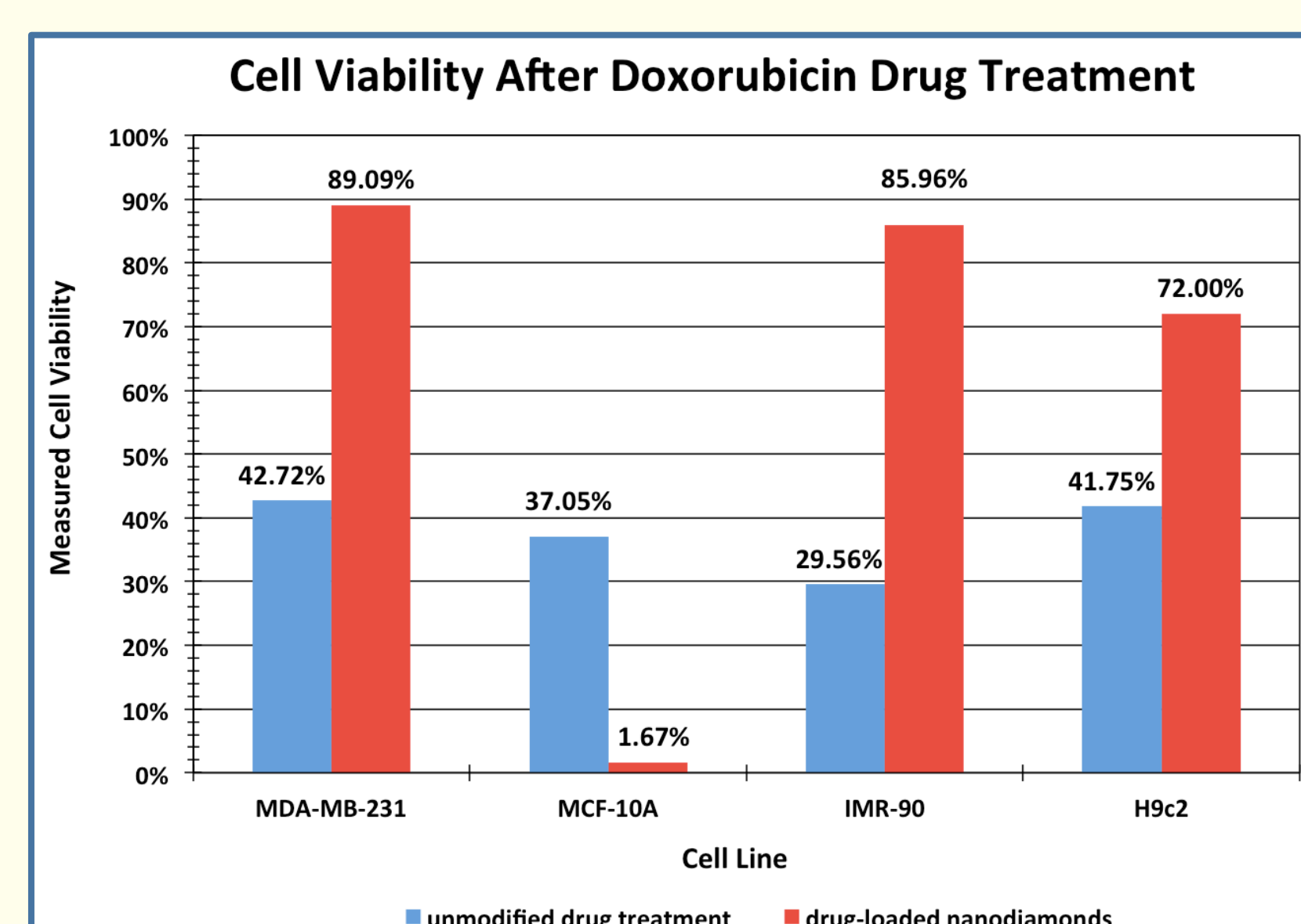


Nanodiamonds promote retention of near-infrared fluorescence in mice, fluorophores help track nanodiamond biodistribution

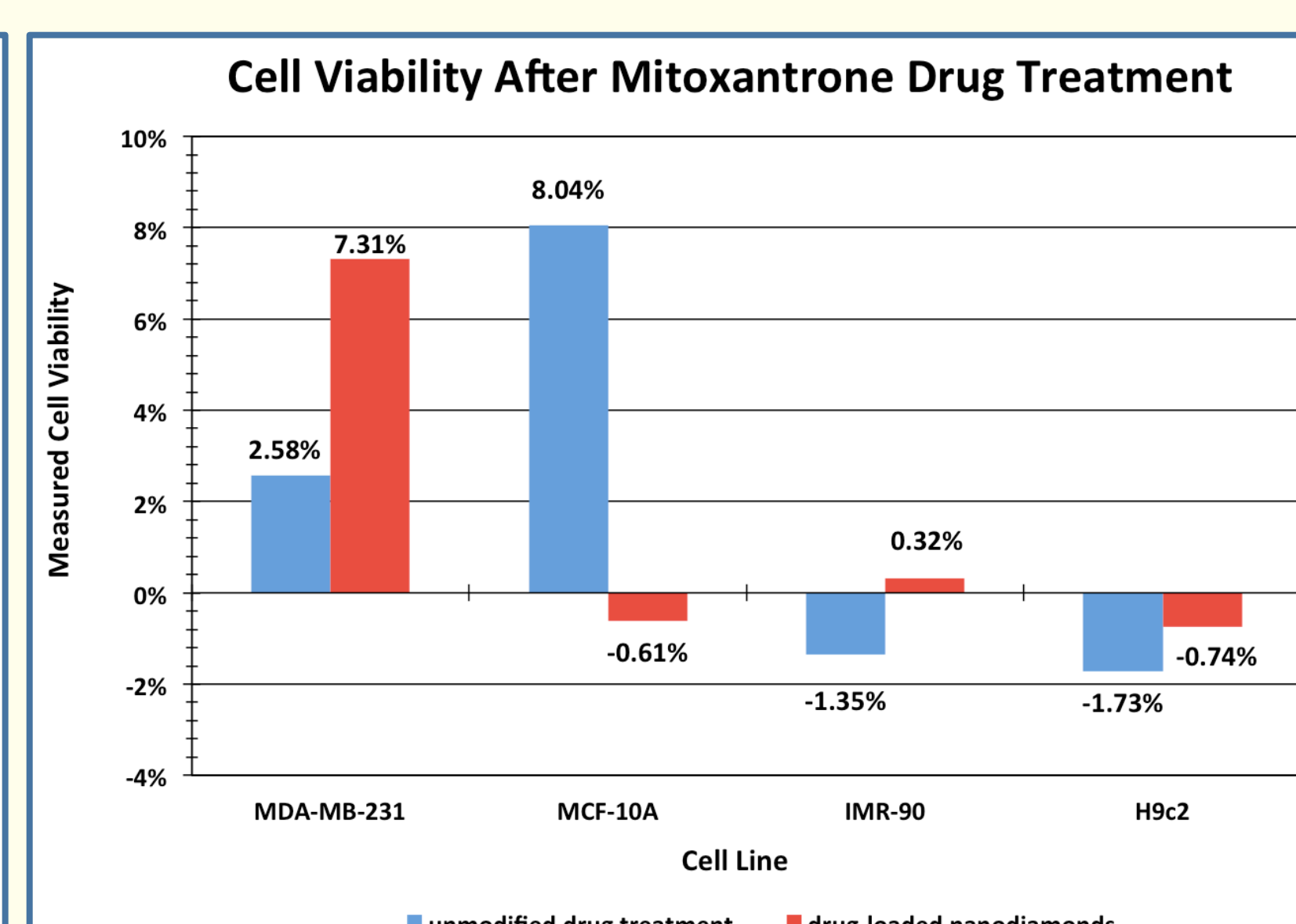


Results

In vitro cell viability studies were conducted for triple-negative breast cancer and multiple control cell lines (breast, lung, heart).



- **MDA-MB-231** – TNBC cells
- **MCF-10A** – normal epithelial breast cells
- **IMR-90** – normal lung fibroblasts
- **H9c2** – normal heart myoblasts



Discussion

Doxorubicin

- unmodified drug treatment – no significant difference in cell viability between cancerous and healthy cells
- drug-loaded nanodiamonds – slow-release of drugs in cancerous cells, equivalent healthy breast cells are killed, minimal effect on other healthy cell types

Mitoxantrone

- unmodified drug treatment – more cancerous cells are dying than equivalent healthy breast cells
- drug-loaded nanodiamonds – slow-release of drugs in cancerous cells, while all healthy cells are killed

Conclusions

Nanodiamonds revolutionize drug treatment.

- Nanodiamonds slow-release loaded drugs into cancerous cells, rather than overwhelming cells with an influx of drugs.

Drugs effectively reduce tumor growth.

- Target pathways to prevent cancer proliferation.
- Eliminate the need for receptor-targeted therapies that are ineffective for TNBC tumors.

Future Work

Broader drug search

- Treat more cancers and diseases.
- Screen large drug libraries

Advanced drug treatment

- Test drugs at different concentrations.
- Drugs at lower dosage levels can reduce the potential side effects and toxicity caused by high concentrations.

Drug efficacy measurements

- Analyze drug-induced damage through fluorescence and confocal microscopy.
- Evaluate structural morphologies over time.
- Track cell displacement and speed throughout treatment.

Incorporation into existing biochemical platforms

- Since nanodiamonds are soluble and biocompatible, they can be fluidly integrated into other biotechnologies.

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